

Dear Friends:

As we celebrate Older Americans Month, it's fitting that this week we joined FiftyForward and The West End Home Foundation to host a Mayoral Forum focused on older adults.

During the forum, the candidates were asked how they plan to prioritize older residents and address key issues including transportation, housing affordability and public safety.

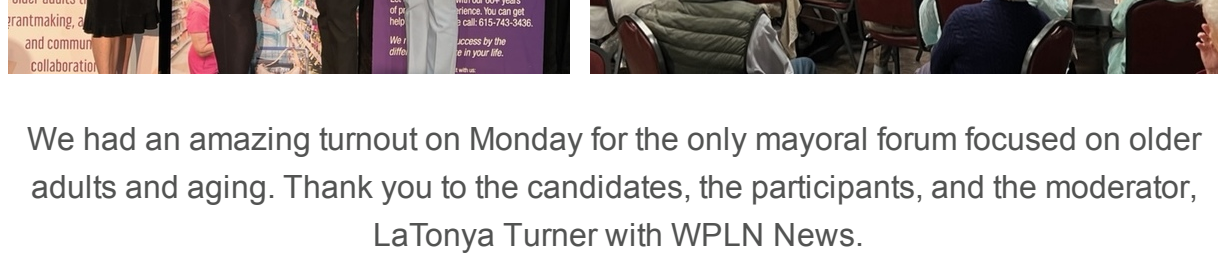
We heard ideas for adding housing navigators and catalyzing more public/private partnerships to increase units of affordable housing. Other candidates talked about free public transit for older adults, improving pedestrian safety and creating more income-based housing options.

With 10,000 baby boomers turning 65 every day, there's growing recognition that more of us are aging, and momentum to work collaboratively across all sectors to ensure Tennesseans can live and age well.

Let's continue to come together, row in the same direction and push for innovative solutions to unmet needs, not just during Older Americans Month but every month going forward.

As Helen Keller once said, "Alone with can do so little; together we can do so much."

Grace S. Swift



We had an amazing turnout on Monday for the only mayoral forum focused on older adults and aging. Thank you to the candidates, the participants, and the moderator, LaTonya Turner with WPLN News.

Thank you to The West End Home Foundation and FiftyForward for partnering with us to bring this event together.

The Sage Awards honor individuals who have improved the quality of life for all in their communities. In addition, we honor organizations that have positively impacted older adults in Middle Tennessee.

2023 SAGE AWARDS • SAVE THE DATE

Monday, October 30, 2023
Franklin Marriott Cool Springs
700 Cool Springs Blvd. Franklin, TN 37067
Registration: 11:30 a.m.
Luncheon & Program: Noon - 1:30 p.m.

We are currently soliciting sponsors for the luncheon. Sponsors receive marketing opportunities along with hospitality benefits. Click the link button below for more information.

Become a Sage Sponsor Today!

31st Annual Sage Awards
HONORING Mike Hodge, Byron Kamp, Ellen Hobbs Lyle, Rev. Edwin & D. Billye Sanders, Byron Trauger, Family & Children's Service
Monday, October 30, 2023
11:30 a.m. Registration
Noon - 1:30 p.m. Luncheon & Program
FRANKLIN MARRIOTT COOL SPRINGS
700 Cool Springs Blvd., Franklin, TN 37067

The 2023 recipients include Byron Kamp, active community volunteer and former AARP Middle Tennessee Volunteer Director, The Honorable Ellen Hobbs Lyle, former Chancery Court Judge and creator of the SeniorTrust Grant Program, Mike Hodge, lifelong social justice advocate and former Organizing Director for Nashville Organized for Action and Hope (NOAH), Rev. Edwin and D. Billye Sanders, community leaders and founders of Metropolitan Interdenominational Church, and Byron Trauger, Nashville attorney and civic leader.

AgeWell is also honoring the Family and Children's Service for their work over the past 20 years helping thousands of older adults through the Relative Caregiver Program, providing support services for children and non-parental relatives, primarily grandparents raising grandchildren.

To read the honorees' complete bios, click here.

NPT's Digital Scam Prevention Workshop Series with AgeWell
AGING MATTERS Exposing Cyber Threats
DIGITAL SCAM PREVENTION WORKSHOPS
COMING TO A LOCATION NEAR YOU!
10 SESSIONS ACROSS MIDDLE TN
Workshop is FREE
Registration REQUIRED

Spot potential scams and learn how to stay safe online during this workshop series for older adults. Join NPT and AgeWell for the Digital Scam Prevention Workshop Series - only 3 sessions left!

Free for all Middle TN residents but we ask that you register for the session by clicking on the location below.

Don't Miss Out!

Thursday, June 1st • 6:00 p.m.

Linebaugh Public Library
Murfreesboro, TN

Tuesday, June 6th • 2:00 p.m.

Stokes Brown Public Library
Springfield, TN

Wednesday, June 14th • 1:00 p.m.

Green Hills Public Library
Nashville, TN

This week, 60 Minutes interviewed older adults targeted by con artists with the grandparent scam. This particular scam uses an imposter that pretends to be a grandchild in trouble or hurt and needs money immediately.

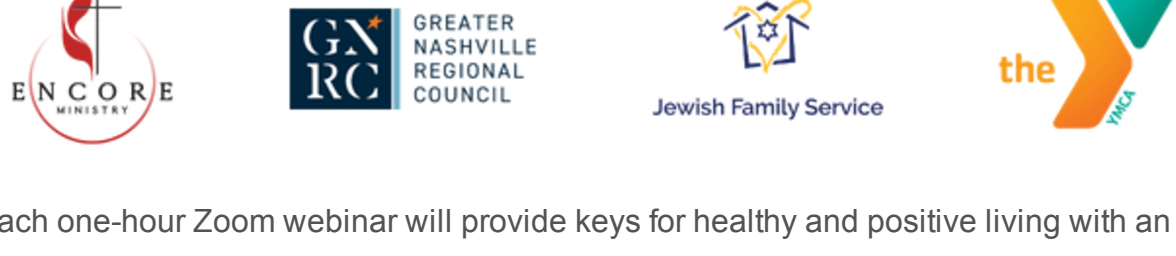
Losses from digital theft have doubled over the past two years, according to the FBI. 60 Minutes correspondent, Sharyn Alfonsi shows how cyber scammers are using AI, apps and social engineering to target older adults.



KEYS TO LIVING & AGING WELL

Webinar Series

presented by AgeWell Middle Tennessee in partnership with



Each one-hour Zoom webinar will provide keys for healthy and positive living with an opportunity for participants to ask questions.

Together, we can take steps to live and age well!

Financial Well-Being for a Long Life
Tuesday, June 13, 2023 • 1-2 p.m. CST

Register Here for Webinar

For past episodes, please visit AgeWell's webinar library at agewelltn.org/webinar-library.



If you are a caregiver for an aging loved one or an employer looking to expand benefits to your employees who are caregivers, please check out our newly designed Eldercare Coach website at eldercarecoach.org.

By creating a free account, you'll gain access to our Eldercare Coach resources, learn more about how we can help and schedule a 30-minute consultation with our Eldercare Coach.

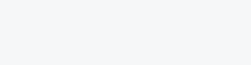
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GIVE TODAY
Every gift helps us continue our work for older adults.
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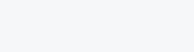
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